

# Aquatic Programming

## Swimming Lessons Fall 1

**Monday & Wednesdays Sept 12-Sept 28**

**5:00PM** Starfish (early preschool ages 3-4)

**Tuesday & Thursdays Sept 8-Sept 24**

**5:00PM** ARC 1

ARC 2

**6:00PM** ARC 3

ARC 5/6

**7:00PM** Seahorse (advanced preschool ages 3-5)

ARC 4

**Saturdays Sept 10-Oct 15**

**9:00AM** Seahorse (advanced preschool ages 3-5)

ARC 3

**10:00AM** ARC 1

ARC 2

## Swimming Lessons Fall 2

**Monday & Wednesdays Oct 10-Oct 26**

**5:00PM** Seahorse (advanced preschool ages 3-5)

ARC 1

**Tuesday & Thursdays Oct 11-Oct 27**

**5:00PM** Starfish (early preschool ages 3-4)

ARC 3

**6:00PM** ARC 1

ARC 2

**7:00PM** ARC 5/6

**Pre school lessons 50 minutes**

**American Red Cross (ARC) Lessons 55 minutes**

**Swim Lessons Fees: \$35.00 Res/\$45.00 Non-Res**

### Adult Swim Lessons

Learn or refine your swimming on all levels from beginner to seasoned swimmer.

Adult lessons available to anyone 15 and over.

Tuesdays, 8:00pm-8:45pm

September 13-November 1, 2016

**\$40.00 Res/\$50.00 Non-Res**

### Intro to Competitive Swim

Focus on improving your technique in the four competitive swimming strokes, learning starts and turns, and creating and executing effective workouts for exercise. Class consists of eight—one hour classes.

Pre-Requisites: Must be able to swim 50 yards of each: front crawl, back crawl, breast stroke and 25 yards of butterfly. **\$40.00 Res/\$50.00 Non-Res**

**Fall 1: 9/12-10/05 Mon & Wed 5:00-6:00pm**

**Fall 3: 10/31-11/23 Mon & Wed 5:00-6:00pm**

Interested in getting certified for Water Safety Instructor  
Call the BCC to have your name put on a list

## Swimming Lessons Fall 3

**Monday & Wednesdays Oct 31-Nov 16**

**5:00PM** ARC 2

**Tuesday & Thursdays Nov 3-Nov 19**

**5:00PM** ARC 1

ARC 4

**6:00PM** Starfish (early preschool ages 3-4)

ARC 3

**7:00PM** Seahorse (advanced preschool ages 3-5)

ARC 2

**Saturdays Oct 29-Dec 10 Skip Nov 26**

**9:00AM** ARC 1

ARC 4

**10:00AM** ARC 2

ARC 3

## Swimming Lessons Fall 4

**Monday & Wednesdays Nov 28-Dec 14**

**5:00PM** Starfish (early preschool ages 3-4)

**Tuesday & Thursdays Nov 29-Dec 15**

**5:00PM** ARC 2

ARC 5/6

**6:00PM** Seahorse (advanced preschool ages 3-5)

ARC 1

**7:00PM** ARC 3

**\*\*Starfish Preschool:** Early level preschool (usually 3-4 yr old) with little to no water experience. Class focuses on making children more comfortable in the water and starting positions for basic skills (i.e. floats, glides, kicking, etc)

**\*\*Seahorse Preschool:** For preschool students who have passed the Starfish level or an equivalent at another facility (usually 3-5 yr old) who have some water experience and are fairly comfortable being in the water.

### Blended Learning Lifeguard Course

(Must be at least 15 to Participate)

This course combines online learning with classroom learning. Contact the Brillion Community Center to register and provide an email where the online registration link can be sent. Online work must be completed prior to first classroom session.

Online ARC registration \$35 plus classroom registration: \$100 Brillion City Residents/\$130 Non-residents  
Call for details 920-756-3216. Prerequisite: 300 yard swim front crawl & breaststroke, 2 minute treading no hands, & retrieving 10 pound object from deep end.

Oct 7th 4:00pm-9:00pm

Oct 8th 9:00am-5:00pm

Oct 22nd 11:00am-6:00pm

# AUTUMN 2016

## Brillion Community Center

120 Center St.  
Brillion, WI 54110  
Phone: 920-756-3216

### Fitness Classes

#### Tai Chi

(Starting September )

Monday & Thursday 10:00-11:00am

#### Water Arthritis Class

Monday & Wednesday 8:30-9:30am

Tuesdays 9:00-10:00am

#### Water Exercise

Monday & Wednesday: 7:30-8:30am

Monday 7:00-8:00pm

Wednesday 6:00-7:00pm

Friday: 7:00-8:00am

Saturday: 8:00-9:00am

#### Strong Bones

(Starting October )

Tuesday: 10:30-11:30am

Thursday 1:30pm-2:30pm

#### Belly Dancing

Learn breathing, posture, and focusing on Middle Eastern Dance. All while having fun, the dancer will accomplish authentic core fundamentals of belly dance.

Beginners to Advanced are welcome.

Tuesdays, 6:30pm

Fall 1 Sept 13-Oct 18

\$20.00 Res/\$30.00 Non-Res

Also included in Monthly Pass or Daily rates



#### Monthly Pass

Youth (3-17) \$15.00 Res \$20.00 Non Res

Adult (18-59) \$25.00 Res \$30.00 Non Res

Senior (60+) \$22.00 Res \$27.00 Non Res

Family \$55.00 Res \$70.00 Non Res

Included in the Monthly Pass:

Open/Lap Swim, Strong Bones, Tai Chi, Water Arthritis Class. Water Exercise, racquetball, and fitness equipment.

#### 10 time punch pass

Adults (18-59) \$40.00 Res/\$50.00 Non-Res

Seniors (60+) \$35.00 Res/\$45.00 Non-Res

\*\*Daily Fees also available\*\*

#### BCC Fall/Winter Building Hours

Monday	5:30am-8:00pm
Tuesday	9:00am-8:00pm
Wednesday	5:30am-8:00pm
Thursday	9:00am-8:00pm
Friday	5:30am-1:00pm
Saturday	8:00am-1:00pm
Sunday	Closed



**October 31st**

**One Day  
Only**

**Membership Sale**

**Buy 2 months**

**Get the 3rd month**

#### Taekwondo—Beginner

Taekwondo will improve your coordination, strength, and overall level of confidence in addition to being a great way to develop discipline, honesty, and respect.

Mondays 7:00-8:00pm Technique & Forms

Thursdays 6:00-7:00pm Technique & Forms

Thursdays 7:00-8:00pm Technique & Sparring

**5 time pass \$20.00 Residents/\$25.00 Non-Res**

**10 time pass \$40.00 Residents/\$50.00 Non-Res**

**Interested in TKD? Try your 1st class FREE**



#### Brillion Blue Dolphin Swim Team

Come and join the **Brillion Blue Dolphins** for our Winter season! The BBD will be competing in various swim meets throughout the area as well as having several fundraisers for team equipment. The team will work on all four strokes and concentrate on speed and technique. All participants must be able to swim 25 yards of front crawl or back crawl. Call the Brillion Community Center with any questions.

**Practice Dates:** Mon/Tues/Thurs;

November 14—February 4

**Practice Times:** 3:30 - 5:00pm

**Resident \$60 first child / \$55 each additional child**

**Nonresident \$80 first child / \$75 each additional child**

#### Babysitting Course

This program will prepare those 11 years and older to be safe babysitters. The course focuses on child development, sitter responsibilities, behavior management, basic child care techniques and more. Includes book

Fall 1: Saturday, October 8, 8:00am-1:30pm

**\$40.00 Residents/\$50.00 Non-Residents**

#### FREE OPEN SWIM

**Sept 10th**

**11am-1pm**

**Sponsored by:  
Sonnabend Busses**



#### FREE OPEN SWIM

**Oct 8th**

**11am-1pm**

**Sponsored by:  
Day Auto**



#### FREE OPEN SWIM

**November 12th**

**11am-1pm**

**Sponsored by:  
Brillion Lions Club**

